



harbournetwork

life-giving community

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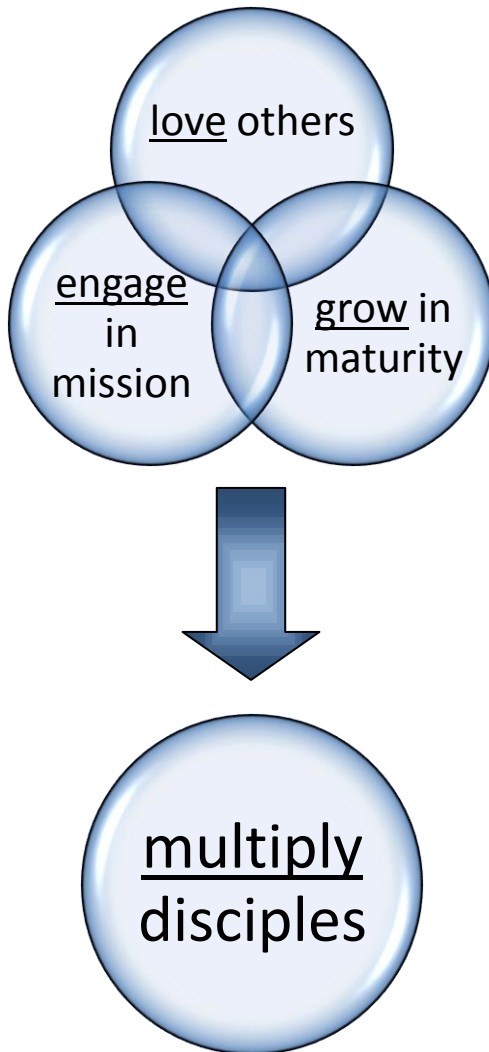
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Following Jesus

Becoming true disciples of Jesus Christ is at the heart of the church. Disciples become increasingly like Jesus as they **love** others, **grow** in maturity, **engage** in mission, and **multiply** disciples. This discipleship priority is foundational for **Harbor Network Churches**.



Love Others

"A new command I give you: Love one another. As I have loved you, so you must love one another."

John 13:34

Grow in Maturity

"Then we will no longer be infants... Instead... we will in all things grow up into him who is the Head, that is, Christ."

Ephesians 4:14-15

Engage in Mission

"Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms."

1 Peter 4:10

Multiply Disciples

"Go and make disciples of all nations, baptizing them... and teaching them everything I have taught you."

--Matthew 28:19-20

Harbor Network Discipleship

Jesus modeled the way of the disciple through loving, high commitment, intentional relationships. He led a small group of 12 disciples within which were smaller groups of 3 (ie. Peter, James, John).

Harbor Network churches believe that following the pattern of Jesus is the most effective way to become followers of Jesus. We do this through the following key, foundational, high commitment relationships:



LifeGroups are groups of 8-12 people lead by a trained LG Leader. These groups meet at least twice a month to love one another, grow in maturity, and engage in mission.



LG3's, or Life-Giving Triads are mini-groups of 3 people committed to meeting weekly to love one another, grow together, and engage in mission.

We believe that disciples are cared for, grow most effectively, and make a bigger impact when they are intentionally committed to one or more of these relational environments.



LifeGroups

LifeGroups are groups of 8-12 people lead by a trained LG Leader. These groups meet at least twice a month to love one another, grow in maturity, and engage in mission.

\\ How do I start a LifeGroup?

If you are interested in ***becoming a trained LifeGroup Leader***, contact the Campus Pastor. You will be connected with the LifeGroups Lead Team who will provide training in group formation and group leadership, resources for growth in maturity and missional engagement, and ongoing coaching.

\\ How do I join a LifeGroup?

If you are interested in ***joining a LifeGroup***, you can do one of the following:

- Talk with the Campus Pastor
- Send an email to lifegroups@rockharbor.org
- Express your interest on the guest card



LifeGiving Triads

LG3's, or Life-Giving Triads are mini-groups of 3 people committed to meeting weekly to love one another, grow together, and engage in mission.

Life-Giving Triads can take a number of forms. These triads are by nature higher commitment, higher accountability, and easier to multiply.

- \\ **Growth Triads** – These triads focus on prayer, servant evangelism, and mutual accountability to reach into the community. Using a strategy called “*Invest and Invite*” these groups tend to be more evangelistic and are essential to new church planting efforts. (see page 8)
- \\ **Life-Transformation Group Triads** – These triads meet together with a high commitment to reading Scripture together, to a covenant of accountability, and with the goal of multiplying disciples. (see page 9)
- \\ **Discipleship Essentials Triads** – These triads focus on 26 core elements of discipleship. Over 26 weeks using Greg Ogden’s *Discipleship Essentials* you will learn foundations of the Christian faith. (see page 11)

Growth Triads

These triads focus on prayer, servant evangelism, and mutual accountability to reach into the community. Using a strategy called “*Invest & Invite*” these groups tend to be more evangelistic and are essential to new church planting efforts.

\\ How do I start a Growth Triad?

Step 1: Find two other people who are willing to meet weekly. Decide on a time and place to meet. (For Multi-Generational Growth Triads, see page 12).

Step 2: When you meet, pray for one another, encourage one another, and share how you’ve grown as you each live out a commitment to “*Invest & Invite*.” (see “*Invest & Invite*,” below)

Step 3: You can either participate in “*Invest & Invite*” servant evangelism together, or you can do so throughout the week individually, or both.

To **Invest & Invite** you **intentionally invest** in the lives of others and **intentionally invite** them to be a part of your community. You might do this through prayer evangelism, servant evangelism, block parties, special events, and other ideas. For ideas, see page 13.

Life-Transformation Group Triads (LTG)

These triads meet together with a high commitment to reading Scripture together, to a covenant of accountability, and with the goal of multiplying disciples.

// How do I start an LTG?

Step 1: Find 2 other people of the same gender who are willing to meet weekly for 1 hour and set a time and place.

Step 2: Determine together a passage from the Bible to read for each week. Agree to character questions, and to being honest with one another.

Step 3: When you meet, use the following agenda:

- Discuss weekly Bible reading. Repeat the weekly reading until everyone is able to complete it in the same week.
- Ask one another character questions (see sample questions on the following page).
- Pray for family and friends who do not yet have a relationship with Jesus Christ. Talk specifically about who might benefit from being in an LTG.

Step 4: After a period of time, each group member begins a new LTG with 2 new people.

Suggested Character Questions

From Neil Cole

1. What is the condition of your soul?
2. What sin do you need to confess?
3. What have you held back from God that you need to surrender?
4. Is there anything that has dampened your zeal for Christ?
5. Who have you talked with about Christ this week?

From John Wesley

1. What known sins have you committed since our last meeting?
2. What temptations have you met with?
3. How were you delivered?
4. What have you thought, said, or done, of which you doubt whether it be sin or not?
5. Is there anything you desire to keep secret?

Discipleship Essentials Triads

These triads focus on 26 core elements of discipleship. Over 26 weeks using Greg Ogden's *Discipleship Essentials* you will learn foundations of the Christian faith.

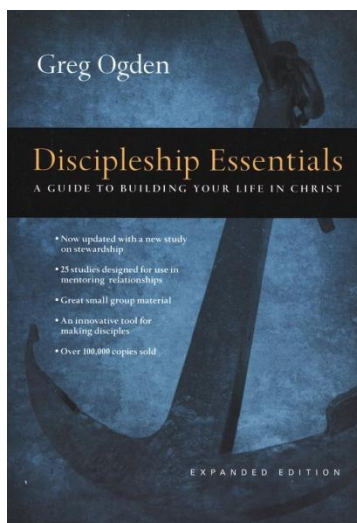
// How do I start a Discipleship Essentials Triad?

Step 1: Find 2 other people who are willing to meet weekly with you and work through *Discipleship Essentials* by Greg Ogden for 26 weeks or bi-weekly for 1 year.

Step 2: Determine a time and place to meet.

Step 3: Read and complete one chapter of *Discipleship Essentials* before each meeting.

Step 4: When you meet, follow Ogden's suggestions in the book about how to proceed.



Multi-Generational Growth Triads

As a sub-set of Growth Triads (see Growth Triads page 8), Multi-generational Growth Triads have a number of benefits. First, they help to break down barriers between generations in the church. Second, they help individuals at different life stages to learn from one another. Third, they can provide a different response in others when doing servant evangelism.

// How do I start a Multi-Generational Growth Triad?

These triads are a bit different in that they are lead by an adult. We recommend an adult, a high school student, and a middle school student.

Step 1: If you are an adult, begin by volunteering to lead a Growth Triad with your Campus Pastor. If you are a youth, let your Campus Pastor know you are interested in a Multi-generational Growth Triad.

- For the safety of youth, all adult Multi-Generational Growth Triad leaders are approved through the church's Child Protection Policy (which includes a background check) and trained.

Step 2: Follow the same steps as a normal Growth Triad.

- All meetings, gatherings, and relationships which include youth, must meet the requirements of the church's Child Protection Policy including transportation, communication, and safety.

Invest & Invite

At the heart of God's vision for the church is that we would be leading people into a growing relationship with Jesus Christ. One way of doing that is by **intentionally investing** in the people around us - neighbors, friends, and colleagues – anyone who lives within our spheres of influence and **Intentionally inviting** them into a relevant ministry environment. God has entrusted us with these relationships. He invites us to partner with him in the process of changing lives.

Relational evangelism is a key foundational strategy for investing in others. You can do this in a number of ways. Here are some examples:

- Prayer Evangelism: **Invest** in people by praying over a particular neighborhood by going door to door and asking for prayer concerns. Pray about these concerns with your Growth Group and then return and hear what God is doing. If and when appropriate, **invite** people into a relevant ministry environment.
- Servant Evangelism: Invest in people by coming up with a creative way to serve them. Wash cars for free, shovel snow, rake lawns, give free oil changes, hand out hot chocolate at a cold football game. Be creative and give without asking in return. Look for

opportunities to share Christ or to **invite** people into a relevant ministry environment.

- Mutual Accountability: Meet regularly with a Growth Group to share with each other about the people you are **investing** in during your everyday life. Pray for each other, pray for those you are ministering to, and discuss ways you might reach them for Christ. Look for opportunities to **invite** them into a relationship with Jesus or a relevant ministry environment.

By being intentional about a) investing in those who do not have a relationship with Jesus Christ and b) supporting each other and holding one another accountable, we enhance our own prayer lives, increase the circle of influence, and participate with one another in reaching those far from God. We also get more creative about ways to invite others into relevant ministry environments where they will meet other Christians and have an opportunity to hear the Gospel.